

A full line of equipment by SCIFIT is available.
For more information, please contact Pro Star Sports at 1-800-821-8482
Website: www.prostarsports.com E-mail: info@prostarsports.com



PRO1 Adjustable Position Upper Body Exercisers

Features of the PRO1 and PRO1 Sport...

- Adjustments allow user to work overhead or standing as well as the traditional seated (PRO1 only) upper body workout.
- Adjustable console to accommodate users at all angles.
- Crank arms adjustable and reversible for rotary rowing motion.
- Seat (PRO1 only) adjusts forward and back as well as up and down.
- Resistance system-3 phase combination generator and eddy current brake with resistance output of 5 to 2000 watts.
- Bi-directional movement and resistance for greater versatility.
- Removable two position footrests and wheelchair tie downs (PRO1 only).
- Computer adjustable in .1 increments with 200 levels of resistance.
- Heart Rate compatible with most wireless technology.
- 3 years parts / 1 year labor limited warranty.



PRO1 Sport

PROGRAMS...

- **Manual** - One Button Quick Start
- **Heart Rate** - Set target heart rate and the machine adjusts the workload to maintain target heart rate (Polar compatible transmitter optional)
- **Constant Work** - Set watts, and the machine maintains constant workload independent of speed
- **Iso-Strength** - Allows user to maximize workload at a fixed RPM
- **Random** - Infinite number of program profiles
- **Hill Profiles** - 6 profile programs with 20 levels of intensity



PRO1

SPECIFICATIONS...

Model PRO I and PRO I Sport

Size: 77" High, 60" Long, 30" Wide

Weight: PRO1: 242 lbs. PRO1 Sport: 190 lbs.

Power: Self-generating with battery backup - also includes 12v wall pack transformer (U.S. only) if desired to keep computer on at all times

Color: Silver frame with metallic gray covers

Warranty: Limited Warranty: 3-Year parts / 1-Year labor

Range of exercise position (from ground to center of crank) 36" - 61"



Removable seat (PRO1 only) for standing exercise, wheelchair access (ADA compliant) or for use with a balance ball or stabilizing disc.

Exercise position infinitely adjustable with gas assisted lift and locking system and protractor indexed position locator.



Optional External Rotation Device is perfect for shoulder rehabilitation.