

**A full line of equipment by SCIFIT is available.**  
For more information, please contact Pro Star Sports at 1-800-821-8482  
Website: [www.prostarsports.com](http://www.prostarsports.com) E-mail: [info@prostarsports.com](mailto:info@prostarsports.com)



## **PRO2 and PRO2 Sport Total Body Trainer**

The PRO2 is a premium commercial fitness machine than can be used as a total body conditioner, an upper body or a recumbent bike.

Versatility makes the PRO2 the perfect choice for rehabilitation. PRO2 users exercise from a stable, ergonomically correct seat for minimal impact to human joints. Optional high support or low cut boots and wheelchair platform allow quick conversion for even the most challenged user.



**The PRO2 Sport** is the perfect total body strength and conditioning machine. With SCIFIT's unique bi-directional resistance and ISO-Strength program you can get a complete workout and core development in one compact piece of equipment.



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### ***Rehab Versatility - Total Body Wellness***

Developed by rehabilitation professionals, adaptability makes the PRO2 the choice for physical therapy or total body wellness. Its **effectiveness** means **therapists can treat more patients in less time**. And its **sophisticated program options** make **documenting functional outcome easy**. Total body conditioning means PRO2 users receive benefits beyond what may have been prescribed.

The PRO2 can be appropriate for spinal cord injury, stroke, multiple sclerosis or other conditions by providing aerobic and strengthening workouts in a wide range of work levels. Cranks turn in unison, so arms can do the work and still involve legs passively. Or, the strong side of the body can support the weak side. For orthopedic rehab, range of motion can be altered as rehabilitation progresses.\*

**\*Also available in upper body only models (PRO1, PRO1 Sport, PRO 1000 and PRO 1000 Sport).**



### ***FEATURES...***

- German-designed electromagnetic brakes for quiet operation, 10-2000 watts
- Comfortable, ergonomically angled hand grips
- Workload adjustable in 1 watt increments
- Step through seat position
- Comfortable seat offers lumbar support; adjustable for proper body alignment
- Direct wheelchair access; seat assembly rolls off
- Bi-directional resistance, available only from SCIFIT®, allows user to exercise reciprocal muscle groups. Ideal for overall balance of exercise.
- Variable length hand cranks can be configured to simulate rowing motion

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**PROGRAMS...**

- **Manual** - One Button Quick Start
- **Heart Rate** - Set target heart rate and the machine adjusts the workload to maintain target heart rate (Polar compatible transmitter optional)
- **Constant Work** - Set watts, and the machine maintains constant workload independent of speed
- **Iso-Strength** - Allows user to maximize workload at a fixed RPM
- **Random** - Infinite number of program profiles
- **Hill Profiles** - 6 profile programs with 20 levels of intensity

**SPECIFICATIONS...**

**Model:** PRO2

**Size:** 61.5" High x 61" Long x 30" Wide

**Weight:** 220 LBS.

**Power:** Self-generating with battery backup

**Color:** Silver frame with metallic gray covers

**Warranty:** Limited Warranty: 3-Year parts / 1-Year labor



Adjustable cranks are standard on the PRO2.