

A full line of equipment by SCIFIT is available.

For more information, please contact Pro Star Sports at 1-800-821-8482

Website: www.prostarsports.com E-mail: info@prostarsports.com



RST7000
with optional swivel seat

SCIFIT introduces the RST7000 Total Body Recumbent Stepper. We have taken our unique idea of “walk up, sit down, and get a great workout” to the next level. The large, comfortable seat makes getting on and off the RST7000 a breeze. One touch start and contact heart rate make exercising and monitoring your workout easy. SCIFIT's unique isokinetic resistance program, ISO-Strength, allows you to get a great cardio and strength workout in one machine.



RST7000

RST7000 Features

- Versatile and easy to use: All Body (RST7000 only), Upper Body Only (RST7000 only) or Lower Body Only.
 - Walk through access allows easy and safe entry for all users.
 - Contact heart rate on handles. Also compatible with wireless heart rate technology.
 - 200 levels of computer controlled resistance adjustable in .1 increments.
 - Self-generating with no need to plug in!
 - Easy to use computer with QuickStart manual use program.
 - Feedback from monitor includes: Calories, Mets, Watts , Distance & Speed.
 - Resistance system – 3 phase combination generator and eddy current brake with resistance output of 5 to 2000 watts.
 - No minimum rpm.
 - Dependent step motion with self-leveling footplates.
 - Soft, oversized rubber footplates with safety edge.
 - **ISO-kinetic mode** for interval and strength training.
 - Constant Work program with wattage as a baseline.
 - Comfortable seat is removable for wheelchair access (ADA compliant, 50% tax credit may be available).
- Fit-Key™ ready! Optional software program makes custom programming and workout documentation easy.
 - 3 years parts / 1 year labor limited warranty.
 - Also available: RS7000 Recumbent Stepper (lower body only).



**The RST7000 is perfect
in therapy settings.**

Programs:

- Manual - One button Quick Start
- **ISO-Strength** - Allows user to maximize workload at a fixed RPM - a key ingredient for sports training. Ideal for therapy settings as well, where fixed RPMs are desirable
- Random - Infinite number of program profiles
- **Hill Profiles** - 6 profile programs with over 20 levels of intensity

For specifications, see next page.



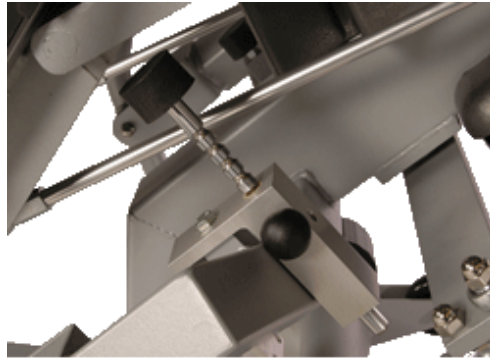
**The RST7000 is wheel chair accessible
and ADA compliant.**



The RS7000 and RST7000 feature an easily removable seat.

SPECIFICATIONS...

Model:	RS7000 & RST7000
Size:	58" H x 74" L x 30" W
Weight:	RS7000 277 lbs. / RST7000 307 lbs.
Max User Weight:	450 lbs.
Power:	Self-generating with battery backup and optional 12V wall pack transforme
Color:	Silver frame with metallic gray covers



Optional Range Limiter

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