

**PS900**

LIGHT COMMERCIAL ELLIPTICAL

## SMOOTH PERFORMANCE

The TRUE PS900 elliptical is designed for maximum performance and comfort. The smooth, front drive motion provides an effective low-impact workout, while delivering optimal results. The PS900 easily adapts to any fitness environment and it's self-generating, so placement is never a problem.

*"The PS900e is the best front drive elliptical we have seen."*



## USER FRIENDLY INTERACTION

The PS900 custom LCD screen and console includes four preset training programs and one-touch quick keys. The bright, legible display monitors every aspect of your workout, including Speed, Incline, Elapsed Time, Distance, Pace, Time Remaining, METs, and Calories.

## TRUE HRC (HEART RATE CONTROL)<sup>®</sup>

The PS900 is equipped with a contact heart rate monitoring system as well as a wireless telemetry system, both of which assist users in maintaining their optimum heart rate and maximizing their workout results. HRC Cruise Control<sup>™</sup> is also included, which allows the user to "lock in" on a specific target heart rate. Once the target is set, TRUE HRC Cruise Control will adjust resistance automatically throughout the duration of the workout to maintain the targeted heart rate (operates just like the Cruise Control in your car).

## BUILT TO LAST

The PS900 is built on a welded steel frame that carries a lifetime warranty. All other quality components are covered for three years, and labor costs carry a full one year warranty from the date of purchase.

# PS900

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DRIVE SYSTEM	<b>Drive System</b>	Front Drive Single-Stage Poly-V Belt
	<b>Resistance</b>	Hybrid Self-Generating Brake
	<b>Power Source</b>	Self-Generating
FRAME	<b>Frame</b>	Robotically Welded Steel
	<b>Finish</b>	Powder Coat
	<b>Footpad Surface</b>	Rubber
	<b>Portability</b>	Front Transport Wheels
CONSOLE	<b>Display Type</b>	LED
	<b>Keys</b>	Membrane Switches
	<b>Express Command Keys</b>	6 - Manual, Random, Cardio, HRC Cruise Control, Fat Burn, Hills
	<b>Data Readouts</b>	Time, Work Level, Distance, Watts, RPM, METs, Heart Rate, Calories
HEART RATE	<b>Message Center</b>	16 Character Alphanumeric
	<b>Contact Heart Rate</b>	4 Sensing Pads
	<b>Telemetry Heart Rate</b>	Wireless
WORKOUT PROGRAMS	<b>HRC® Programs</b>	1 - Time Based
	<b>Preset</b>	6 - Manual, Quick Start, Random, Cardio, Fat Burn, Hills
	<b>User Defined</b>	N/A
OTHER FEATURES	<b>Fitness Tests</b>	N/A
	<b>Entertainment</b>	CSAFE Power Ready
	<b>Communications</b>	N/A
	<b>Diagnostics</b>	Display, Speed Sensor, Keys, Heart Rate, D/A Channel
PHYSICAL SPECIFICATIONS	<b>Accessories</b>	Reading Rack, CD & Bottle Holder
	<b>Safety</b>	Easy Rear Entry and Exit
	<b>Footprint</b>	79"L x 31.5"W (201 cm x 80 cm)
	<b>Weight / Shipping Weight</b>	223 lbs (101 kg) / 246 lbs (112 kg)
	<b>Maximum User Weight</b>	350 lbs (159 kg)
	<b>Resistance Levels</b>	43 Levels - Conventional 10 Watt Increments
	<b>Resistance Range</b>	25-450 Watts
	<b>Maximum Workout Time</b>	99 Minutes
<b>Step-Up Height</b>	Foot Skate Lowest Position: 11.5" (29 cm)	
WARRANTY	<b>Regulatory Approvals</b>	UL, CSA
	<b>Warranty</b>	Frame Lifetime, Brake 3 Years, Parts 3 Years, Labor 1 Year

\*Specifications subject to change without notice